Wigginton Primary School
Physical Education Policy

Rationale/Key Principles

At Wigginton Primary School, we provide a high quality Physical Education Curriculum which inspires all children to succeed and excel in competitive sport and other physically demanding activities. We provide pupils with opportunities to become physically confident in a way that supports their health and fitness. We give pupils opportunities to compete in sport and other activities which build character and imbed values such as enthusiasm, resilience and respect.

In our school, we aim to:

- Promote positive attitudes towards active and healthy lifestyles.
- Encourage independent thinking within a wide range of creative, competitive and challenging activities.
- Develop pupils' confidence to participate in a broad range of physical activities.
- Provide opportunities to plan, perform and evaluate actions, ideas and performances to improve their quality and effectiveness.
- Enable pupils to discover their aptitudes, abilities and preferences, and make choices about how to get involved.
- Promote pupils' spiritual, moral, social and cultural development through physical education.

In order to achieve our aims:

- We will follow the school's approach to teaching and learning.
- We will provide children with knowledge and understanding of health and fitness and make links to PSHCE, science and 'be active' (five ways to wellbeing).
- We will provide children with the opportunities to select and apply skills, tactics and compositional ideas.
- We will use the National Curriculum objectives to develop an integrated programme for the teaching of PE, which ensures continuity, progression and differentiation.
- We will help pupils gain a sense of achievement as well as fair play and positive sporting behaviour.
- We will help pupils to develop social skills in activities involving cooperation and collaboration, responsibility, personal commitment, loyalty and teamwork, and to consider the social importance of physical activity.
- We will ensure children have opportunities to play in competitive games, modified where appropriate.
- Children will be encouraged to compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- We ensure that children have access to a range of quality sports equipment and are taught how to use it correctly and safely.
- We will provide a variety of opportunities for pupils to take part in extra-curricular sporting events and clubs.

To evaluate our effectiveness:

- We will follow the school's Assessment Policy.
- The subject leader will monitor delivery of key units of work, undertake pupil voice and liaise with SLT regarding sports premium.

Date Ratified: March 2025

Signed:_____ Headteacher

Signed: _____ Chair of Governors