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Tuesday, 8<sup>th</sup> March 2022

## Updated Covid-19 Guidance

With many changes to guidance recently, we wanted to help clarify **current** procedures if your child is displaying symptoms or tests positive for Covid-19.

It is still important that anyone who is positive with Covid-19 does not attend school whilst infectious to avoid the spread of infection.

### The NHS website currently states:

*While you're no longer required by law to self-isolate if you test positive for COVID-19, you should still stay at home and avoid contact with other people. This helps reduce the chance of passing COVID-19 on to others.*

*Children can get coronavirus (COVID-19), but they seem to get it less often than adults and it's usually less serious.*

The main symptoms of COVID-19 are:

- a high temperature
- a new, continuous cough - this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to sense of smell or taste - this means they cannot smell or taste anything, or things smell or taste different to normal (sore throats, headaches and sickness are also symptoms frequently seen)

### **What to do if your child has symptoms**

*If your child has any of the main symptoms of COVID-19, even if they're mild:*

*\*\*Get a PCR test (test that is sent to a lab) to check if they have COVID-19 as soon as possible. Your child should try to stay at home and avoid contact with other people until you get the test result.*

Adults and children who test positive will continue to be advised to stay at home and avoid contact with other people for at least 5 full days, and then continue to follow the guidance until they have received 2 negative test results on consecutive days.

**\*\*We understand there will be a change to the testing availability/ guidelines at the beginning of April, and will update you accordingly when we receive further guidance.**

There is also an end to routine contact tracing. Contacts will no longer be required to self-isolate or advised to take daily tests. Staff, children and young people should attend their education settings as

usual even if they have been in close contact from within their household. Please note we will no longer send out emails to report Covid-19 cases in school; however, if cases were to rise, we will keep you fully informed and advise accordingly.

Please inform school as soon as possible if your child has any of the symptoms, no matter how mild, or if they test positive.

Contact details: telephone 01904 552225 or email: [wiggintonprimary.school@york.gov.uk](mailto:wiggintonprimary.school@york.gov.uk)

Yours sincerely

*Paul Laycock*

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