



## **Wigginton Primary School**

### **Anti-bullying Policy**

Everyone at Wigginton Primary School is committed to making our school a safe and caring place for all children and adults. We will treat each other with respect and refuse to tolerate bullying in any form at our school. We will focus on developing positive relationships to discourage "bullying" in our school. Children do fall out as part of growing up and we work towards encouraging the development of constructive and peaceful strategies to resolve conflict. Cases of bullying are rare.

#### **Our pupils define bullying as:**

Bullying is unfair and one sided. It is the persistent targeting of an individual or a group of individuals. Bullying can be physical (kicking and shoving), mental (leaving people out) and verbal (calling people names).

#### **Examples of bullying include:**

- Spreading rumours or talking behind people's backs
- Hurting someone physically by hitting, punching, shoving or kicking
- Swearing at people and using offensive language
- Leaving people out or ignoring them on purpose or trying to get others not to play with them
- Name calling and insulting people about their personal features or beliefs
- Teasing someone in a hurtful way
- Hiding, stealing or damaging another person's things
- Cyber bullying eg email, text messaging
- Blaming others for something they haven't done

Bullying can cause a considerable amount of stress to children and vulnerable adults; it can affect their health and development and in extreme cases can cause them significant harm including self harm.

#### **Staff at Wigginton School will do the following things to prevent bullying and help children feel safe at school:**

- Deal with incidents or problems straight away
- Find out the truth about what has happened
- Listen carefully
- Record the details on Integris, to monitor if any persistent problems.
- Inform parents if the situation continues
- Keep a close eye on the playgrounds - good supervision by all staff
- Monitor and investigate any children causing concern through lack of attendance, a drop in performance, mood changes, behaviour or physical signs such as stomach aches, headaches, scratching, bruising and damaged clothes
- Treat everyone with the same respect
- Ensure all staff are aware of "vulnerable" pupils.
- Teachers to report back to parents and keep them informed of the actions being taken

- Promote positive relationships, particularly through class routines and our PSHE programme.
- Follow up every incident

**Action if bullying is suspected:**

The following action to help the victim and prevent bullying should be taken:

- All signs of bullying should be taken seriously
- All children and vulnerable adults should be encouraged to share their concerns
- The victim should be helped to speak out and tell the person in charge or someone in authority
- All allegations should be investigated and action taken to ensure the victim is safe. The victim and bully(bullies) should be spoken to separately
- Employees should reassure the victim that they can be trusted and will help them, but do not promise not to tell anyone else
- Records should be kept of what is said (on Integris)

**Children at Wigginton School will do the following things to prevent bullying and help others feel safe at school:**

- Listen and comfort anyone who is upset
- Confront any bullying behaviour
- Refuse to watch, laugh or join in when someone is being bullied
- Treat each other with respect
- Don't take sides
- Always tell the truth
- Don't retaliate to bullies-tell an adult
- If being bullied, try to distance yourself from that person as much as possible until the problem is resolved.

**Consequences for bullying:**

- Speak to the children involved and remind them of this policy
- restorative conversation to explore and understand the reason(s) for their behaviour, identifying how best to support them in changing their behaviour
- Bully(bullies) encouraged to understand the consequences of their behaviour
- An apology to be given to the victim
- Behaviour to be sanctioned as appropriate: loss of playtimes etc

If there are repeated incidents:

- Phone call to parents informing them of bullying incidents
- Parents of both parties (and other children involved) invited in to have a meeting with the headteacher
- Warning system leading to more serious consequences if behaviour continues
- Meetings to be held with parents and carers to report on progress
- All appropriate employees (i.e. those who have contact with the pupils) should be informed of action taken
- A written record of action taken should be kept

Written by: Wigginton Primary School Staff (in consultation with pupils/School Council/parents and governors)

Reviewed: Nov 24

Signed: \_\_\_\_\_ Headteacher

Signed: \_\_\_\_\_ Chair of Governors