



## Physical Education at Wigginton Primary School

At Wigginton Primary School we believe that physical education is crucial for the health and well-being of all children in school. We aim to offer every child with high quality opportunities in a safe and fun environment. Every child takes part in two hours of high quality PE per week, as stated in the curriculum and are encouraged to take part in physical activity during playtimes through our playground leaders scheme. Coaches and outside agencies are invited in to school to promote sport and health. In addition we enhance our learning by planning P.E events that support the wider curriculum, for example Sports Relief, dance lessons from different cultures and visits from 'Phunky Foods'.

A range of after school clubs are provided throughout the year, and children and parents are given the opportunity to sign up for these. Clubs for Years 1 to 6 are provided for throughout the school calendar. In the previous academic year we had clubs including football, netball, tag rugby, cricket, hockey, tennis, cross country and athletics competing at a local level. All of our teams get the chance to compete at a local level, with some children getting through to county levels.

At Wigginton we work with Total Sports who help to enhance our Sports provision through specialist coaching. These coaches provide lunch clubs, PE lessons and after school clubs. We also members of the York School Sports Partnership which gives us opportunities to attend city wide tournaments and competitions, make links with local clubs, and provides network opportunities for our sports lead teacher.

Pupils in each key stage cover the aims and subject content as set out in the National Curriculum 2014.

### EYFS

In Early Years Foundation Stage children are given daily opportunities to develop good control and co-ordination in small and large movements. We cover the skills involved in dance, gymnastics and games, through which children demonstrate moving in different ways and negotiation of space.

### Key Stage 1

In Key Stage 1 we cover the skills involved in Netball, Football, Dance, Gymnastics, Bounce and Catch, Net and Wall games, Roll, Throw and Catch, Athletics and Rounders.

### Key Stage 2

In Key Stage 2 we cover the skills involved in Football, Hockey, Basketball, Gymnastics, Dance, Cricket, Athletics and Rounders. We focus these skills into competitive team games and give children opportunities to apply basic principles for attacking and defending.

Due to current restrictions we are unable to run after school sports clubs or take part in city wide competitions due to the mixing of bubbles. Through homework and in P.E. lessons with Total Sports we will be taking part in virtual competitions with the YSSN network. These will be run competitively throughout the city and the results will be submitted into the sports website Koboca.

**Tess Primarolo, PE Subject Leader**

Below are some photos that celebrate some of the exciting and diverse opportunities we offer to children through P.E. at Wigginton Primary School.

**Sports Relief**



Running the Sports Relief Mile



Cricket



Rugby



Tennis



Basketball



Football

**Enrichment Opportunities in Sport**



**Mountain Biking Sessions**



**YSSN Sports Partnership: Specialist Sports Coaches**



**Multi Skills**



**Change 4 Life Club**



**'Chance to Shine' Cricket Programme**



'Total Energy' with the Total Sports Coaches



Gymnastics with York St John Sports Students

**Useful Websites**

<https://www.nhs.uk/change4life>

<http://www.afpe.org.uk/>

<https://www.northyorkshiresport.co.uk/>

<https://www.activekidsdobetter.co.uk/>

[www.koboca.co.uk](http://www.koboca.co.uk)