

Suggested patten for Phase 3 formation

j	Start at the top, down, down below the line, loop and a dot on the top.
v	Start at the top, in out and a flick.
w	Start at the top, in out, in out, and a flick.
x	Start at the top, diagonal line to the bottom, flick and lift off, start a new line at the other side and diagonal line to the top
y	Start at the top, down, under, up, down down and a loop.
z	Start at the top, across, diagonal and across.
zz	Start at the top, across, diagonal and across, whoosh up, across diagonal and across.
qu	Start at the top, go around, down down, kick up, up, down, under, up, down and a flick.
ch	Start at the top, go round, whoosh up up, down down, over and a flick.
sh	Start at the top, round, round the other way, whoosh up up, down down, over and a flick.
th	Start at the top, down down and round, whoosh up up, down down, over and a flick, cross the 't'.
ng	Start at the top, down, over and a flick, whoosh in around, down down and a loop.
ai	Start at the top, go around, down and a flick, whoosh up, down and a flick. A dot at the top.
ee	Start in the middle, along and around, whoosh in, along and around.

Suggested patten for Phase 3 formation

igh	Start at the top, down and a flick, whoosh in, around, down down and a loop, whoosh up up, down down, over and a flick. A dot on the 'i'.
oa	Start at the top, go around, across, around, down a flick.
oo	Start at the top, go around, across, around and a flick.
ar	Start at the top, around, down and a flick, whoosh up, down and over.
or	Start on the line, whoosh in, around and a flick, down up and over.
ur	Start at the top, down, under, up down and a flick, whoosh up down and over.
ow	Start at the top, around, across, in out, in out, and a flick.
oi	Start at the top, around and across, down and a flick and a dot at the top.
ear	Start in the middle, along and around, whoosh in, around, up down and a flick, whoosh up, down and over.
air	Start at the top, around, down and a flick, whoosh up down, and a flick, whoosh up, down up and over. Dot the 'i'.
er	Start in the middle, along and around, whoosh up, down, up and over.